

Medi-Body Packs for External Detoxification (Pelotherapy)

The Medi-Body Packs are an ancient detoxification method using a quantum-state formula of dense minerals found in premium-grade clay, peat magma, shilajit, zeolite and targeted botanical agents such as chlorella. The mud packs are used as a highly effective, cleansing and detoxifying agent that is able to draw out toxins in sites that have been energetically weakened due to scars and traumas.

As the body becomes overwhelmed with toxic exposure from both the environment and lifestyle, the liver cannot keep up. Therefore, the “left over” toxins from the liver get deposited in the areas that have been injured or traumatized. While these sites appear to have healed, on a cellular level they still remain weak. Therefore, these sites do not have the cellular energy to move toxins out of their membranes. As a result, they become the major target for toxin storing leading to an energetically weakened tissue.

We have found that these scar and trauma areas become so weakened energetically, they cause breaks in the natural energetic flow of the body. As a result, organ and gland systems around the trauma sites become weakened and sedated leading to symptoms, pain and illnesses.

Therefore, in addition to providing nutrients to increase the resonance of the organ/gland systems, we also must use Medi-Body Packs (clay) to draw out the toxins and open up the energetic pathways, permanently. We have found that by just using nutrition, over time you will need more nutrition and get less benefit since the natural flow of energy continues to be weakened. Therefore, by opening up these pathways the nutrition is just used to boost the organ/glands while the mud packs allow the body to ultimately heal itself. Clinical applications have really confirmed how powerful the mud packs are for achieving limitless healing whether you are dealing with chronic pain, acute injury or even disease states.

What is Pelotherapy?

Pelotherapy is the use of natural clay from the earth for therapeutic purposes. Most are familiar Pelotherapy in the form of a facial “mud” mask, but the applications include any form of external poultice and even include the ingestion of clay. Basically speaking, when activated with moisture, clay has a unique drawing capacity which provides its detoxifying benefits.

When high quality clays and muds are applied to a body area, two routes of toxin excretion occur:

- 1) Toxins are absorbed into the mud mixture itself
- 2) Toxins are released internally via the G.I tract to be detoxified

It is useful to understand a little about the three primary actions or properties of clay.

Properties of Clay

Absorption: The capacity to bring elements inside the molecular structure of the clay and hold onto them. This process is complex to describe, but is due to the single bond between silicon and aluminum. This bond is responsible for the electrical charge on the internal and external molecular surfaces. The structure of the basic silica tetrahedra creates a negative charge on the external surface and this polarity attracts cations (the toxins) and draws it out of the tissue. In addition to water, clay absorbs aliphatic and aromatic molecules, and hydrocarbons. This property explains how clay is used to reduce certain types of swellings or tumors, drain abscesses and cysts, and cleanse in general.

Adsorption: The capacity to attract elements to the outside of the molecular structure of the clay and therefore hold onto them. The process is similar to absorption, except that the bond is

created on the external surface instead of the interior. This capacity increases the ability of clay to bind larger toxins and micro-organisms.

Ionic Exchange (CEC): The capacity to alter the electrical charge of a contacted surface. Clay is continually interacting with its surrounding environment. It is known that ions exchange from the clay to the environment in a non-predictable, yet measurable way. It is non-predictable because specific environmental variations cannot be fully comprehended, and therefore the specific exchange cannot be predicted. The cationic exchange capacity (CEC) is responsible for the balancing effect of clay and is one of the most unique and beneficial therapeutic factors.

Molecular Structures

All clays exhibit the absorption, adsorption and ionic exchange actions; however, clay is formed with a range of molecular structures that change the relative strength of the three main actions.

Montmorillonite (Dental Pack): Named after the Montmorillon region in Southern France, where the clay originates. This clay is similar to the common bentonite clay, except that Montmorillonite does not contain the volcanic ash present in bentonite. Montmorillonite has a weak bonded, 3-layer structure giving it the capacity to expand; therefore increasing its CEC and its ability to capture large material. The higher CEC is the important distinction of this type of clay. Montmorillonite clays are used for purification, cleansing and balancing. It is used for its high catalytic action.

Kaolin (Medi-Body Pack): Kaolin has a 2-layer structure with a lesser distance between the layers, making it much less aggressive. It is preferred for its gentle action and is therefore even suitable for sensitive individuals, infants or the elderly. Though it is less anti-infectious than the montmorillonite type, kaolin is preferred for wound healing to ensure faster and better repair with less scar tissue formation. It is gently cleansing and pH balancing.